

國立臺灣師範大學

跨文化青少年與家庭發展全英語專業學分學程專業學分學程 【規劃表】

115.5.8 114學年度第8次系務會議通過

學程名稱	跨文化青少年與家庭發展全英語專業學分學程 (The Specialization EMI Program of Youth and Family Development across Cultures)
設立學期	114學年度第2學期
所屬單位	教育學院／幼兒與家庭科學學系
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一、主軸/發展方向說明：

本學程以「跨文化脈絡下之青少年與家庭發展」為核心主軸，採全英語授課（EMI），旨在培養學生理解全球化情境中兒童、青少年與家庭相關議題之能力。課程整合青少年發展、家庭關係、健康與多元文化等面向，並強調家庭與社會脈絡對個體發展之影響。本學程歡迎國際學生參與，透過多元文化學習情境與交流，協助學生增進全球視野與跨文化理解。

The Youth and Family Development across Cultures module is an English-Medium Instruction (EMI) program, aiming to develop students' understanding of issues related to children, adolescents, and families in a global and cross-cultural context. The program integrates perspectives on youth development, family relationships, health, and cultural diversity, with an emphasis on the role of family and social contexts in shaping developmental outcomes. The program welcomes international students and, through a multicultural learning environment and interactions, students are expected to enhance their global awareness and intercultural understanding.

二、核心能力：

- (一) 具備青少年發展與家庭關係之基礎理論理解能力。
- (二) 具備跨文化視野，能理解不同文化脈絡下之家庭與發展議題。

- (三) 具備運用相關知識分析全球化脈絡下兒童與青少年議題之能力。
- (四) 具備基本跨文化溝通與交流能力。
- (五) 具備關注家庭健康與福祉議題之基礎素養。

- (1) Basic understanding of theories related to adolescent development and family relationships.
- (2) Ability to understand family and developmental issues across cultural contexts.
- (3) Ability to apply relevant knowledge to analyze issues concerning children and adolescents in a global context.
- (4) Basic intercultural communication skills.
- (5) Basic awareness of factors influencing family health and well-being.

三、課程內涵簡介：

本學程課程涵蓋青少年發展、青少年與家庭關係、多元文化與家庭、跨文化兒童與青少年發展，以及家庭與健康等主題。課程採全英語授課，並透過討論與交流等方式，引導學生從多元文化觀點理解發展與家庭議題。學生須自五門核心課程中修習四門，完成至少12學分。

The curriculum covers topics including adolescent development, adolescents and families, multiculturalism and families, child and youth development across cultures, and family and health. Courses are delivered in English and incorporate discussion and exchange in a multicultural context. Students are required to complete at least 12 credits by taking 4 out of the 5 core courses.

五門核心課程之課程內涵簡介如下：

(1) Child and Youth Development Across Cultures (跨文化與兒童、青少年發展)

This course will be based on the cultural nature of child and youth development and introduce how they develop in different cultural contexts, especially within families. From the literature on cultural psychology and cultural anthropology, students will learn how cultural psychologists and cultural anthropologists approach child and youth development, both as outsiders and insiders of the respective cultures. Students will understand their stereotypes, prejudices, and discrimination toward cultural groups they may not be familiar with. They will be able to enhance their cross-cultural competencies.

(2) Multiculturalism and Families (多元文化與家庭)

The curriculum covers topics including adolescent development, adolescents and families, multiculturalism and families, child and youth development across cultures, and family and health. Courses are delivered in English and incorporate discussion and exchange in a multicultural context. Students are required to complete at least 12 credits by taking 4 out of the 5 core courses.

(3) Adolescent Development (青少年發展)

This course is designed to offer a fundamental view of adolescent development. Students will learn the normative development, as well as developmental crisis and problems during adolescence and emerging adulthood. Theories and empirical evidence relevant to the biological, cognitive, emotional, moral, social, and cultural development of the individuals are explored. Contextual factors regarding family, peer group, community, and school will also be covered. The course is designed to help the students better understand the diversity of adolescents. Hence, students are encouraged to reflect on their personal experiences and discuss topics related to contemporary adolescents and emerging adults during the class.

(4) Adolescents and Families (青少年與家庭)

This course is designed to offer a fundamental view of adolescent development. Students will learn the normative development, as well as developmental crisis and problems during adolescence and emerging adulthood. Theories and empirical evidence relevant to the biological, cognitive, emotional, moral, social, and cultural development of the individuals are explored. Contextual factors regarding family, peer group, community, and school will also be covered. The course is designed to help the students better understand the diversity of adolescents. Hence, students are encouraged to reflect on their personal experiences and discuss topics related to contemporary adolescents and emerging adults during the class.

(5) Family and Health (家庭與健康)

Family is an important environment that nurtures individual development and promotes overall well-being. Not only is the family closely linked to the healthy growth of children, but the family environment, family relationships within the family, and individual health status exhibit intricate interconnections throughout one's life course.

This course, rooted in the framework of social ecological theory, discusses various health issues encompassing an individual's physical, psychological, and sociocultural health status within the family context. This course also examines the relationship between an individual's life course and the family from a life course perspective, considering the process of aging, illness, and death. Through group projects, students will delve deeply into contemporary societal issues related to family and health.

The course encourages students to understand the relationship between their health status and the family and contemplate health promotion goals that integrate the family context. They will be able to apply their learning in their personal lives and professional fields, examining factors that affect individual and family health and proposing family-centered health promotion strategies to enhance the well-being of individuals and families.